Chingana

Chingana Covid 19 Mask
Soft material, washable, colorfast

Buy a Chingana mask for $15 and receive a spray vial Serenity Mask Fresh for free!

Buy a glass vial of Lavender Serenity Mask Fresh for $5 and get a second one free!

Lavender is mostly known for its nervine properties. It is incredibly relaxing to the nervous system. Just the aroma itself can help reduce stress and anxiety in most people.

In a study published by the journal Phytomedicine, lavender oil was shown to be just as effective as the pharmaceutical drug lorazepam (xanax) and showed no side effects.

Other studies confirmed it can help with restlessness, nervousness, depression and insomnia. Lavender aids in anti cancer and perilymph inner ear healing properties.